

## Established Patient Update Sheet

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Email Address (for providing your electronic medical record summary to you): \_\_\_\_\_

***Has your contact information changed since your last visit? YES NO***

New Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
New Phone Number: Home (\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_) \_\_\_\_\_

***Has your Insurance changed since your last visit? YES NO***

***\*Please present front  
desk with new card***

Primary Health Insurance Name: \_\_\_\_\_ ID#: \_\_\_\_\_  
Name of Subscriber: \_\_\_\_\_ Subscriber's DOB: \_\_\_\_\_  
Secondary Health Insurance Name: \_\_\_\_\_ ID#: \_\_\_\_\_  
Name of Subscriber: \_\_\_\_\_ Subscriber's DOB: \_\_\_\_\_  
Vision Insurance Name: \_\_\_\_\_ ID#: \_\_\_\_\_  
Name of Subscriber: \_\_\_\_\_ Subscriber's DOB: \_\_\_\_\_

### **PERSONAL HEALTH HISTORY**

\*Have you ever been diagnosed with any of the following: \_\_\_\_\_ Healthy with no medical diagnosis

___ Diabetes	___ Hypertension	___ Tuberculosis
___ Thyroid Disease	___ Stroke	___ Kidney Disease
___ Heart Disease	___ Arthritis	___ Cancer
___ Asthma	___ Psychiatric Disorder	___ Immune Problems
___ Chest Pain	___ Shortness of Breath	___ Regular Coughing
___ Coughing up Blood	___ Bleeding Problems	___ Night Sweats
___ High Cholesterol	___ Ringing in Ears	___ Loss of Balance
___ Swollen Glands	___ Unusual Weight Loss	___ Frequent Headaches

Other Health Issues: \_\_\_\_\_

\*Please list all Drug Allergies: \_\_\_\_\_ **No Known Drug Allergies** \_\_\_\_\_

\*Please list all current Medications/Strengths: \_\_\_\_\_  
\_\_\_\_\_ **No current medications** \_\_\_\_\_

\*Please list all past surgeries: \_\_\_\_\_

How often do you drink alcohol? \_\_\_\_\_ Never \_\_\_\_\_ Occasional \_\_\_\_\_ Heavy  
How often do you smoke cigarettes? \_\_\_\_\_ Never \_\_\_\_\_ Occasional \_\_\_\_\_ Heavy  
How often do you use illegal drugs? \_\_\_\_\_ Never \_\_\_\_\_ Occasional \_\_\_\_\_ Heavy  
How often do you intake caffeine? \_\_\_\_\_ Never \_\_\_\_\_ Occasional \_\_\_\_\_ Heavy

\*Primary Care Physician: \_\_\_\_\_

### **FAMILY HISTORY**

Has anyone in your immediate family been diagnosed with any of the following:

___ Glaucoma	___ Macular Degeneration	___ Crossed Eyes
___ Color Blindness	___ Retinal Detachment	___ Cataracts
___ Retinitis Pigmentosa	___ Cancer	___ Diabetes
___ Lazy Eye	___ Stroke	___ Heart Disease

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Parent/Guardian Signature (if patient is a minor): \_\_\_\_\_

Printed name of Parent/Guardian and relation to minor: \_\_\_\_\_